

# Frequently Asked Questions Hercules Trophy

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# Hercules Trophy Concept

## What is the Hercules Trophy?

The Hercules Trophy is a business sports event for companies. Just like Ancient Hercules, **teams of 4 to 7** persons of different companies compete against each other in **12 fantastic challenges** (= so called "labours") on 1 day. It is a day of **big fun, teambuilding** and **networking**.

Hercules Trophy is a **total experience** for all the participants, regardless of their age, sex, or physical condition. It's the fastest growing teambuilding event in the world: more than 13,000 people from 450 companies have already participated and keep coming back. We are now active in Belgium, Spain, France, Dubai and South Africa.

## Who can join the Hercules Trophy?

The event is organized for **companies**, no matter their size. The minimum number of participants in a team is **4 persons**.

Companies can participate with as many teams as they want. The Hercules Trophy provides a lot of icebreaking moments to mix the different companies. The **networking effect** is guaranteed! On the [website](#) you can see who has already participated and who will participate in the next edition. Depending on the country, there are also Trophies for a specific sector (e.g. [ICT Trophy](#), [Maritime Trophy](#), [Airport Trophy](#),...) Upon simple request, you can also receive a list of the **participating companies** in your sector.

## Where is the Hercules Trophy organized?

The concept was born in Belgium in 1999. Due to the huge success, the event has been expanded to Spain, France, Dubai and South Africa. Over 40 nationalities have participated, and there are already more than 17,000 fans from all over the world. On the website, you can see who the local Hercules Trophy partners are, and where the event is organized in every country.

## Why do companies join the Hercules Trophy?

There are 4 business drivers that inspire companies to participate at the Hercules Trophy:

- Motivate human capital to retain and attract talent
- Improve teamwork to increase productivity and effectiveness
- Enhance your network and grow your business
- Strengthen your corporate identity to differentiate from your competitors.

Hercules Trophy has a strong focus on "Feel as a team". We create a platform where people can easily connect on an emotional level and share **unforgettable** experiences. It's not just a one day event, but a 6 month process.

Next to this long lasting internal team effect, companies also perceive the Hercules Trophy as an important means to **connect with other companies**. Some companies

invite their customers or members and consider the event as a **customer day**. For them it's an original way to show the customer they are a dynamic company. It creates a different, intimate kind of relationship with their customers.

Download our white paper [Hercules Trophy- the Rationale behind the concept](#) if you want to read more about this.

### Who organizes the Hercules Trophy?

Hercules Trophy started as an initiative of a few Belgian corporate business men who cared about their people. They looked for a formula that would establish long **lasting emotional connections** between their employees. When they finally noticed that this kind of event didn't exist, they started up their own business.

They found **sports** was a good means for people to get connected and to work towards common goals. By adding a lot of well considered **fun elements** and a **strict planning** in a **safe environment**, their initiative didn't miss the desired effect. The Hercules Trophy became a total experience, not only for the participants, but also for supporters.

Have a look at the "[Who are we](#)" page on the website to read more about the founding fathers and the organizers in your country.

### What happens during the Trophy?

It's all about chemistry and physics: pure **positive energy** and **resonance**! Have a look at the pictures posted by the teams, the [picture gallery](#) on our website and videos and pictures posted on [YouTube](#), [Twitter](#), [LinkedIn](#), [Facebook](#), [DailyMotion](#) and [Flickr](#). Look at the planning of the day on the website to see what happens exactly (you need to log in to see this page).

### What companies will participate?

Sign in on the [website](#) and select the Trophy that interests you. You will see a list with all participating companies, with the number of teams and even the names of participants. You can also look at all the Trophies of the past. Upon request, you can receive a reference list of all companies that have participated.

### What's the best strategy to convince my colleagues?

Give us a call and we will come over. Invite a maximum of colleagues for a meeting/sandwich lunch and we will present the concept to them.

If you think you can manage it by yourself, here are some guidelines:

1. **Collect all the necessary info:** brochure, white paper, powerpoint presentation, Hercules video, quotes of participants, etc.
2. **Show** them the picture gallery on the website, the Hercules Groups on [YouTube](#), [Facebook](#), [DailyMotion](#), [Flickr](#), etc.

3. Give them a **list of participants** (bet there is at least one customer and competitor of your company in it?). Talk about the **networking aspect!** No other event combines teambuilding and networking this way.
4. Tell them that they **don't have to be athletes** to participate. Everyone with a basic condition can join. Ladies get extra bonus points (sorry guys!).
5. Stress our key words: **Fun-Safety-Planning**.
6. Say that it's **not expensive**: guaranteed team effect for only \$1,5 per employee per day during 6 months. [Contact us](#) for a detailed offer.

### What's the day planning of the Hercules Trophy?

The general planning of the day can be viewed on the website.

In a few words: registration, opening ceremony, 4 labours for all teams, lunch, 4 labours, snack, 4 labours, aperitif/cocktail, dinner, prize distribution and party. A labour takes 15 minutes. After every labour, a team gets a 15 minutes break. There are **no queues** or boring periods, teams are always on the move. The organization is very smooth; it's a well oiled machine.

### What will be this year's labours?

For an overview of the labours, sign in on the website and click on labours.

**Careful:** The labours of this year are announced at the latest 2 months before the Hercules Trophy, because we like to surprise you. Some of the labours will be the same as last year. Others will be brand new and you might never heard of them.

# Participation

## How do I subscribe?

If you want to participate, send an e-mail to [info@hercules-trophy.com](mailto:info@hercules-trophy.com). A Hercules employee will give you the necessary **administration rights** to order your teams on the website. You will receive a "how to prepare" [manual](#) to support you in the order process and to help you and your colleagues to prepare for the event.

When the date of the Hercules Trophy approaches, you will receive **detailed information** on the labours, individual team planning, things to bring, how to get there, etc.

## Is it possible to make a reservation?

You can reserve a number of teams, with no further obligation. The reservation is valid **for 20 days**. This way you can make sure that your teams are booked before the Trophy is full. Thanks to the reservation system, you can also benefit from the early bird rate valid at that moment.

## How much does it cost?

Generally speaking, the Trophy costs \$1,5 per employee per day, during 6 months. Guaranteed team effect for less than the price of 1 drink per day: who would say "no" to that? The exact team price varies in the different countries. [Contact us](#) for a detailed offer.

## Can I participate with just 1 team?

Yes! Some companies participate with 1 team, other companies delegate several teams. The small companies get as much attention as the bigger ones, everyone feels at ease in the crowd and everyone can win the Trophy!

## Do I have to be an all-round athlete to join the Trophy?

No. Everybody with a basic physical condition can participate. Just have a look [at our pictures](#) and you will see that we aren't athletes either! We make sure all the labours are accessible to everyone. We don't want "top athlete teams", but true business teams composed out of co-workers.

## How do I prepare for the event?

Once your order has been processed on our website, you will receive all the information that is necessary to prepare.

If you can't wait, download the [document "How to prepare"](#).

Here are some other tips and tricks:

- make sure you are mentally and physically **fit** in order to experience this mega-fun day to the max!
- **pump up** your team members: make funny team pictures, think about a team name, a slogan and a song.
- look for a **team outfit** and **team flag**.
- **don't go out** the day before the Trophy: hangovers are not recommended!

### How many players can join in 1 team?

Every team consists of at least **4 players**, of which 1 team captain. There should preferably be at least **1 lady**. Most teams have 5 team members. 4 team members compete in a labour, so there's always 1 member who can take a break. There's also the possibility of subscribing **one** or **two** spare players. Switching between regular players and spare players is allowed.

### Does everybody participate in every labour?

Every team performs 12 labours throughout the day and follows its own team planning. Every labour is carried out by 4 players. This means that other (spare) players can have a break!

# Practical questions

## What is a labour?

A labour is one of the 12 activities a team has to perform during the Hercules Trophy. It's called a labour, after the 12 tasks Ancient hero Hercules had to carry out.

Every year, new labours appear at the Hercules Trophy. There is always a balanced mix of labours requiring teamwork, endurance, guts and fun. Over the past 10 years, more than 40 labours have already been organized. A lot of labours have customized names to keep a surprise effect, others are more straight forward. You will find a list of all labours in the Labour Section on the website (need to log in first, though).

The labours are announced at the latest **2 months** before the first Trophy in your country. We always announce them by 4 labours at a time.

## What is a joker?

You can put a joker on the labour that your team is good at. If you actually win that labour, you will receive extra points! You only have 1 joker to assign.

You can only assign your joker once all labours have been announced.

## What is a brain labour?

It's a quiz that your team needs to fill in when you arrive. Your time is limited, so make sure you are on time during registration!

## Why do I have to fill in a name, slogan, picture, etc. for my team in advance?

4 reasons to do it:

- This will **enhance teamwork** with your colleagues weeks or even months before the event.
- Your team and company will get a lot of **visibility**
- You will receive **extra points** for it
- It's really **fun!**

## What is the Hercules Village?

The Village is the **central place** during the Hercules Trophy. Everyone gathers there in the morning, at lunch and snack time and during the après Trophy. You will also find general services over there, like the Bar, lockers, massage, bathrooms, Referee, etc.

## How do I get to Hercules Trophy?

Look at the venue section on the website for a detailed roadmap.

### What is the Opening Ceremony?

The official opening is an important aspect of the Trophy. Just before the opening, captains get a briefing about the Hercules philosophy, while the others are warmed up by our aerobics teachers. At the opening, the Olympic torch is lit by one of the participants. The official Hercules-time is set and the Hercules oath is sworn. The captains perform the official Hercules dance in front of a crazy crowd. It makes the adrenaline pumping and it gives the opportunity for companies to show themselves with company flags. The Opening Ceremony gets things going. **It makes people realize that the Trophy is about plain fun and is timed to the last second.**

### What about lunch/dinner/drinks?

We provide food and drinks throughout the day, for participants and supporters. You will receive breakfast, sandwich lunch, snacks and cocktails. In the evening there's also a barbecue or walking dinner, followed by the prize distribution and a party.

It's not allowed to bring your own pick-nick.

### Can I store my bag in a safe place while I'm having fun?

There are lockers and dressing rooms at the Hercules Village.

### Can I bring my own fans?

Feel free to bring supporters, fans and children! Your fans can use drink tickets to buy food and drinks. If they want to stay in the evening, please let us know in advance.

### Can my colleagues just come to the evening party without participating at the Trophy?

Yes they can. If you want to stay for the dinner and party, ask your Hercules contact person to order a ticket for you.

### Are we insured?

Please check the company insurance in advance. It's better to have extra insurance from your company (only a small fee for one day).

### Why should I come to the party?

Because it will be **the best party of the year**. Just look at reactions of the past years and you'll know you don't want to miss this. If you don't come, you'll regret it for the rest of your days. We have the best DJ and the greatest audience in the world. Just watch the pictures of the past years if you don't believe it.

### What happens if it rains?

We just carry on with the event. Make sure you have rain-clothes and umbrellas. Make sure you have warm dry clothes. We have backup-scenarios when it storms. We have enough indoor space. You'll get hot soup during lunch if it's cold. In the Village, there's a simple dressing-room to change clothes quickly during the day. Showers are available at the end of the day.

### Why do we need a company outfit or a flag?

You need your flag for the Opening Ceremony. It gives your team and your company a lot of exposure during the day. If you don't have a company outfit or flag, just make them! You will find some inspiration in the [picture gallery](#).

### Do you have vegetarian/Halal food,...?

Our food is adapted to the local habits of every country and we always have vegetarian alternatives.

### What can we do to win?

Have a look at the **scoring rules** to maximize your chances to win. Don't forget that you will receive extra points if a lady participates at a labour (not for every lady, only once). Next to the competition, there are also other prizes, e.g. Fair Play Team, Coolest team, Best Team Picture, etc.

### What's the role of a spare player?

For your own comfort, **up to 2 spare players** can join the team. Whenever you want, you can switch players and spare players. The team price remains the same with or without spare players.

### Can we participate without a lady in the team?

Yes you can. However, due to bonus-points for ladies, it will be impossible for you to win (sorry once again guys! Focus on another prize to win...).

### How will everyone be informed?

As soon as a person is registered as a team member, he will be informed via e-mail. The Hercules contact person fills in the name and mail address of the team captains on the website. The team captains fill in the name and mail addresses of their team members. Download the "[How to prepare](#)" manual for a smooth preparation.

### What is the Coolest Team Contest?

Your team can ask other colleagues or friends to vote for them in the Coolest Team Contest. The team fans can vote by registering on the website and indicating the **number of stars** they deserve. Everyone can vote for several teams, but only once for

one specific team. There is a coolest team per Trophy and an overall winner. The winners will receive a prize of one of our sponsors.

### **I have lost some of my belongings during the Trophy.**

All found objects are collected. A list of these objects will be available after the Trophies.

### **I think there's a mistake in the scores.**

Please check your scores **during** the Trophy. If you don't agree with the scores just after the labour, talk about it with the Marshall. The Marshall has the last word. If you notice that you didn't receive bonus points (e.g. for a lady, or the joker) during the event, go to the Referee. The rankings are available on the website the day after the Trophy. Scores will **not** be changed after the Trophy.

# Questions on invoicing

## How can I order on the website?

The **Hercules contact person** within your company has the administration rights to order the teams and catering through the website. The contact person is the only person who can manage the orders of your company on the website. He places the order, turns a reservation into an order and fills in the invoice address. Detailed information on how to place an order can be found in the Manual "[How to prepare?](#)".

## When do I receive the invoice?

You will receive **2 invoices**. One before the Trophy (the teams) and one after the Trophies (food and drinks). Please note that only the teams that are paid in advance will be allowed to the Hercules Trophy.

## What happens if I cancel?

As sales conditions may vary, please check the sales conditions in your country.

## Can I fill in different invoice addresses?

You can fill in different invoice addresses if necessary. Select the right invoice address for the right order please.

## My employees have to pay for their dinner by themselves. Can I specify this in my order?

When you make your order on the website, you can choose between 2 options. The first one is "**send invoice**". When you choose that option, an invoice will automatically be generated and sent to the invoice address you have filled in.

The other option is "**pay cash**". Your employees can come to the cashier during the event and purchase their drink or dinner ticket. Dinner tickets that have been ordered through the "Pay cash" option and haven't been taken up during the day will be invoiced to your company.

## Questions on the website

### **I forgot my username and password to log on?**

Fill in your e-mail address on the [logon page](#) and click on the button "send me my password".

### **What is the Vibe?**

It's a status update of what the Hercules fans have been up to on the website. You can see it when you click on the Vibe on the website (you need to log in first).

### **How can I see the planning of my team during the day?**

Log on, click on My Team and choose the tab "**planning**". The team planning will be available +/- 1 month before the event. Before that, you can use the general planning of the day.

### **I don't receive your e-mails anymore.**

Log on to see if you are still registered. If you don't get our e-mails, then our e-mails are probably blocked by your spam filter. Ask your ICT department to allow e-mails from [info@hercules-trophy.com](mailto:info@hercules-trophy.com).

### **Some of my colleagues don't have an e-mail address at work. How will they be informed?**

Ask them for their personal e-mail address. It's important to have the correct e-mail addresses, so they receive the right information on time. Please don't fill in fake e-mail addresses, otherwise we might be blocked by spamfilters.

If they can't give you another e-mail address, you can fill in your own e-mail address. But please make sure that they get the practical information.

### **Contact person: I can't find the button "My Company", "My Orders" any more?**

If you can't see those buttons, you aren't registered as our contact person any more. [Contact us](#) to change this.

### **Team captain: I can't find the button "edit my team".**

Ask your internal Hercules contact person to assign your team to you as a team captain.

### **Team captain: I can't upload the picture of my team.**

Make sure you are the team captain. Only formats of .jpg or gif are accepted. Your picture should be smaller than 100 kb.

### **I can't edit my team anymore, because it's too late. Can I send my team details to you?**

We send some reminders on a regular basis to the teams that haven't filled in their team info. The website is blocked for transactions one week before the Trophy. That's the moment when we attribute the **extra bonus points**. Please fill in all your information on time. You can still tell us your joker during the registration at the Trophy, but it's too late for the other team details.

### **Team captain: I can't select a team song.**

Fill in the title of your favourite song and our friend YouTube will search for it. Confirm by clicking the button "**This is My Song**". If YouTube can't find it, that means that they probably don't have it. But as a Hercules fan, you are a creative person we are quite sure that you will make your own movie and upload it on YouTube!